

Name \_\_\_\_\_

Date of birth \_\_\_\_\_

Height father \_\_\_\_\_ Height mother \_\_\_\_\_ MPH\* \_\_\_\_\_

\* MPH = (height father + mother + 13)/2 & Target range = MPH ± 10cm

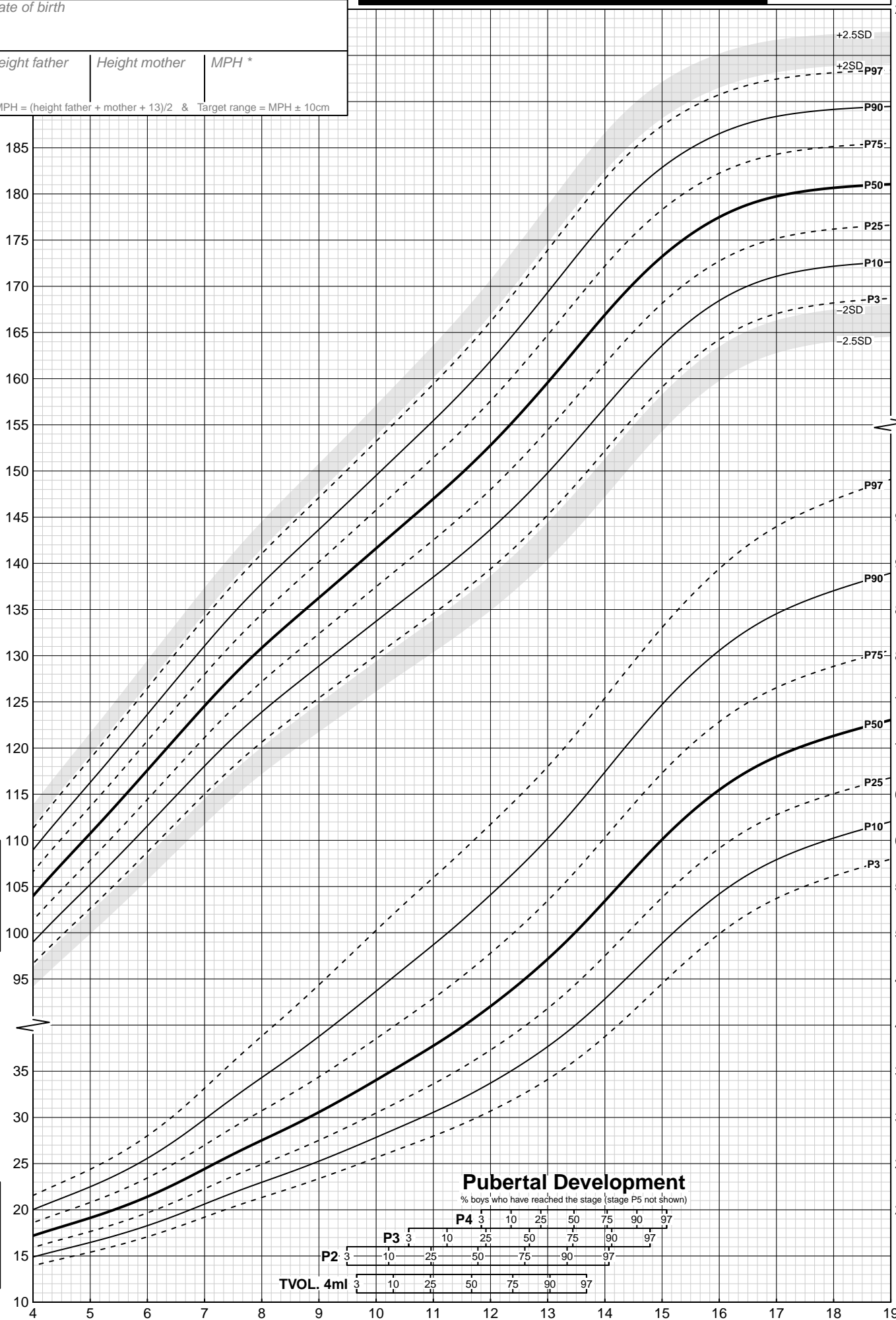
# Growth chart 4 – 19 years boys

BGS1-20210307E/4-19/M

Height (cm)

Weight (kg)

Growth chart boys (4 – 19 years), Bergen Growth Study, 2021 PB Juliusson, M Roelants, R Bjerknes © 2021



### Pubertal Development

% boys who have reached the stage (stage P5 not shown)

<b>P4</b>	3	10	25	50	75	90	97
<b>P3</b>	3	10	25	50	75	90	97
<b>P2</b>	3	10	25	50	75	90	97
<b>TVOL. 4ml</b>	3	10	25	50	75	90	97

Age (years)

Juliusson PB, Roelants M, Nordal E, Furevik L, Eide GE, Moster D, Hauspie R, Bjerknes R. Ann Hum Biol. 2013;40:220-7  
 Oehme NHB, Roelants M, Bruserud IS, Madsen A, Eide GE, Bjerknes R, Rosendahl K, Juliusson PB. Acta Paediatr 2020;109:1612-9